

PSALMS PT. 3 - FRUIT OF THE SPIRIT

The Psalms are some of the most often quoted and referenced verses in the Bible. Through wisdom, praise, thanksgiving, lament and trust, each chapter is a God-centered chorus, ultimately pointing to our faithful King, Jesus Christ. Our study in God's hymnbook is sure to strengthen our hearts with greater faith and open our eyes to the greatness of our Savior.

To finish off our church-wide series on Psalms, we thought it best to work on a response to the Psalms. What better than the fruit of the Spirit? These fruit of the Spirit are the overflow of our heart.

Grades K-2

Complete this Discipleship Challenge by
September 14 to receive **10 tokens**.

Bring the completed Discipleship Challenge to the KidPix Store.

Parent Signature: _____

(By signing this page, I certify that my
child has completed this Discipleship Challenge.)

Name: _____



Fruit of the Spirit



Read Galatians 5:16-18, 22-23.

Then, watch the video using the QR code.

Unscramble the fruit of the Spirit below.

OVLE

EAORFBRCENA

TFHIALSSEFUNL

OJY

DNSESNIK

LEGNETENSS

APECE

DGOSOESN

FLES-ONTOCLR

Fruit of the Spirit Bracelet

supplies: red bead, yellow bead, light blue bead, light green bead, blue bead, purple bead, pink bead, green bead, string

String the beads in this order so that each bead represents a fruit of the Spirit:

red- love

yellow- joy

light blue - peace

light green - forbearance

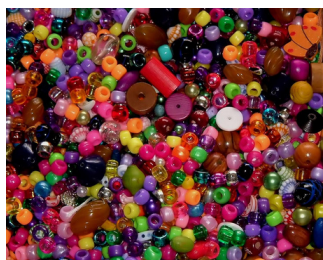
blue - kindness

purple - goodness

white - faithfulness

pink - gentleness

clear - self control



Color the fruit of the Spirit tree below.



Fill in the blanks

But the fruit of the Spirit is _____, joy, peace, _____, kindness, goodness, _____, gentleness and _____. Against such things there is no law.

Galatians 5:22-23

Draw yourself acting out your favorite fruit of the Spirit.

Love & Joy

Read 1 Samuel 20:10-17, then watch the video using the QR code.



Which fruit of the Spirit does Jonathan represent in this story? _____

What is an example of a way that Jonathan loved his friend David?

What is a way you can better love your friends? _____

Read Acts 16:22-26, then watch the video using the QR code.



Which fruit of the Spirit do Paul and Silas represent in this story?

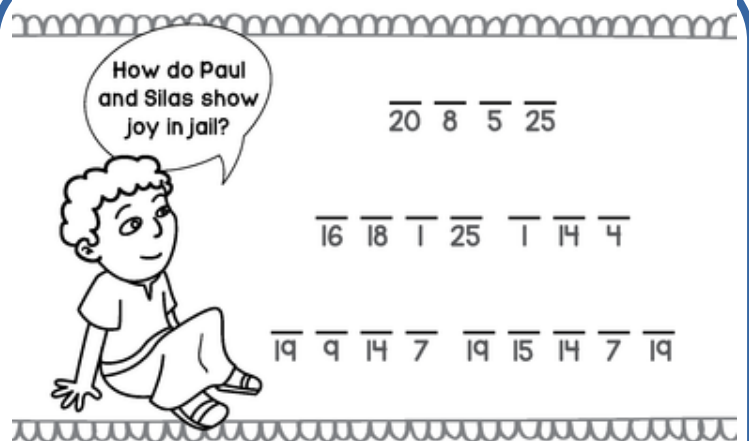
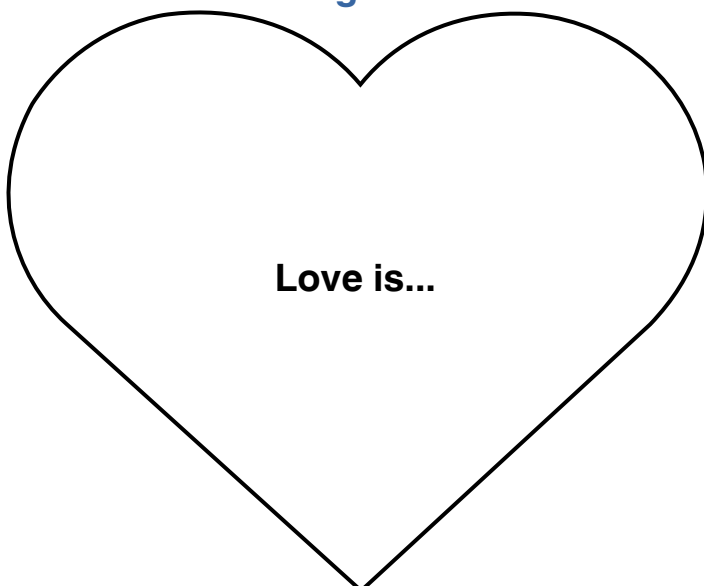
Why were Paul and Silas singing?

What is a way you can be joyful in the Lord regardless of what is happening?

Pick one loving thing you can do for a friend or neighbor. Have your grown up sign the square after you complete.

Write a card for a friend.	Rake your neighbors yard.	Help your friend with their chores.	Clean up a mess at the park.
Bring a neighbor dinner.	Visit a nursing home.	Create a surprise for a friend.	Free choice _____ _____ _____

Color and fill in the heart with different things that love is.



A 1	B 2	C 3	D 4	E 5	F 6	G 7	H 8	I 9	J 10	K 11	L 12	M 13
N 14	O 15	P 16	Q 17	R 18	S 19	T 20	U 21	V 22	W 23	X 24	Y 25	Z 26

Make a JOY Necklace

supplies: string, fruit loops, card stock paper, hole punch

Use the paper to create a cute charm with the word "joy" on it. Hole punch the top. Set aside. String half the fruit loops on the necklace. Add the joy charm. Then, finish with the rest of the cereal.

Peace & Forbearance

Read Mark 4:35-41, then watch the video
using the QR code.



Who do you think represents the fruit of the
Spirit peace in this story? _____

How did Jesus represent peace in this
story?

What is a way you can be at peace in all
circumstances?

Read Genesis 41:41-43, then watch the video
using the QR code.

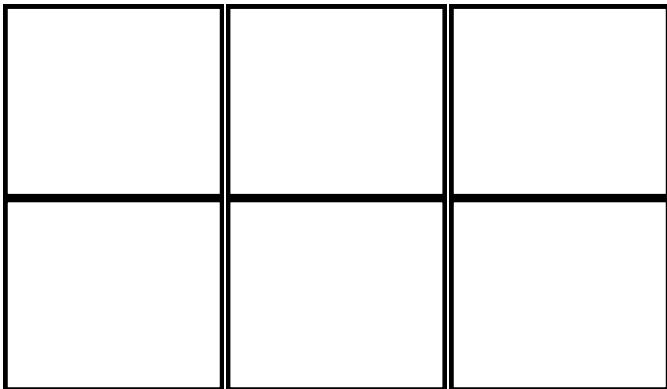


Why do you think that Joseph is a good
example of forbearance?

Who did God save through Joseph?

What is a way you can show more
forbearance?

Go on a listening walk in your
neighborhood or nearby park. Listen
for peaceful sounds. Draw what you
hear below.



Forbearance Cookies



Bake some homemade cookies using your
favorite homemade cookie recipe. Take the
time to talk through the ingredients and
taste a few (safe) ingredients like salt,
chocolate chips, baking powder, sugar, etc.
Talk about how they are all different but
when we are patient, they come together to
make something incredible. Talk about how
God does that with us and the people
around us and that we need to have
forbearance with them.

Peace Float

*supplies: various buoyant items (pool
noodle, styrofoam, laminated paper),
toothpicks, tape, etc.*

Use the materials to create some form of
boat or floatation device. While working on
the boat, talk about how the peace we
have in Christ is one that helps us to float
above whatever is happening around us.

Color the picture of Joseph.



Kindness & Goodness

Read Joshua 2:1-12, then watch the video using the QR code.



Which fruit of the spirit does Rahab represent in this story? (Two possible answers) _____

What kind thing did Rahab do?

What is a way you can be kind to people you don't know this week?

Read Luke 10:30-35, then watch the video using the QR code.



Who is the good person in this story?

What good thing does the Samaritan do in this story?

What is a way you can show goodness to people you don't know?

Kindness means to be friendly, generous, and considerate. Write what it means to be kind in your own words.

Draw what it looks like to show someone kindness.

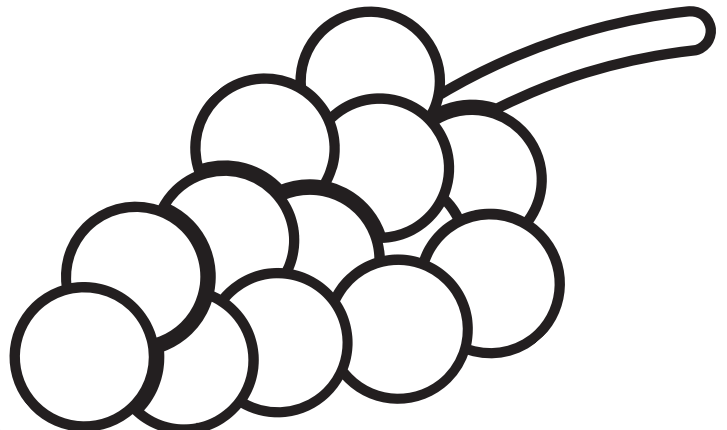
Storehouse Serve



As a family, pick a day to serve at Central Storehouse or go to the grocery store and pick out some things to donate. Talk about how this represents the fruit of the Spirit, goodness.

Good Grapes

Color the grapes. Then, write one good thing you can do for others in each grape circle.



Random Act of Kindness

supplies: jar or bowl, strips of paper, pencil

Use the pieces of paper and pencil to brainstorm random acts of kindness that you can do with your grown up. Then, put them in a bowl. Over the next week, pull one each day and do it together.

Faithfulness & Gentleness

Read Ruth 1:1-18, then watch the video using the QR code.



Which fruit of the Spirit does Ruth represent in this story? _____

What is an example of a way that Ruth showed the fruit of faithfulness?

Read Ruth 2:5-16, then rewatch the video using the QR code.



Which fruit of the Spirit does Boaz represent in this story? _____

How is Boaz gentle with Ruth?

How can you be gentle to your friends?

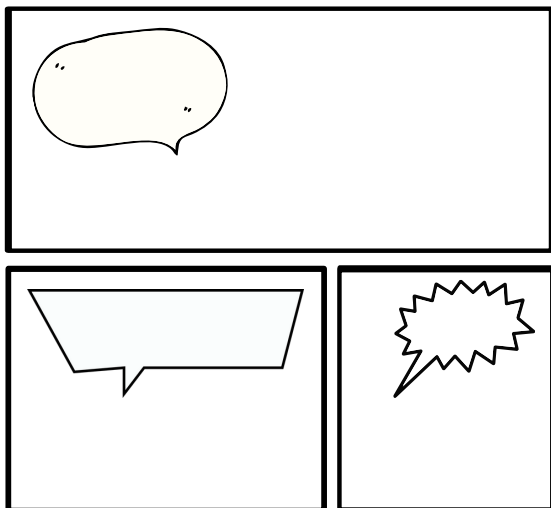
Act it Out!

Create a skit about someone who doesn't want to be your friend. Then, talk about how God is your faithful friend forever.



Faithfulness Comic

Faithfulness means being loyal and dependable. It's like being a good friend who always keeps their promises. Draw a comic of you being a faithful friend.



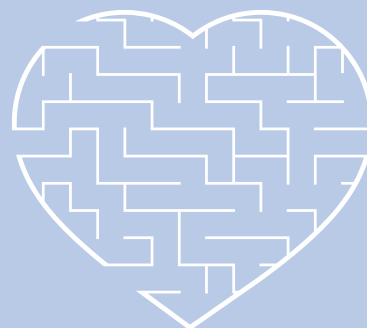
Fruit of the Spirit Word Search

Find all nine fruits of the spirit in the word search below.

A	B	F	L	S	K	I	N	D	N	E	S	S	F
S	G	Q	A	L	X	M	C	Z	V	Z	Y	N	O
E	U	O	Z	I	L	Y	O	Q	Y	I	W	J	R
L	Y	P	O	G	T	O	J	E	L	Q	I	V	B
F	S	E	N	D	N	H	V	U	S	M	S	B	E
	M	A	F	F	N	K	F	E	H	T	C	F	A
C	M	C	N	N	C	E	X	U	J	O	K	Z	R
O	P	E	Q	O	R	T	S	P	L	V	L	A	A
N	W	C	A	K	O	H	R	S	G	N	J	Z	N
T	Z	Y	X	F	H	M	P	W	H	F	E	S	C
R	U	G	E	N	T	L	E	N	E	S	S	S	E
O	H	N	I	U	F	P	S	J	H	A	Z	Q	S
L	A	S	C	B	D	X	G	J	O	Y	O	N	H
M	U	H	E	G	N	U	M	M	O	M	L	K	J

Ruth & Boaz Maze

Help Ruth find Boaz at the end of the maze.



Self - Control



Read 1 Samuel 24:1-7, then watch the video using the QR code.

Who showed self-control in this story? _____

Self-control isn't just trying harder. It's allowing the Holy Spirit to work in us and guide our decisions. Draw a way that you can have self-control this week.

Gumdrop Tower

supplies: gumdrops, toothpicks, plate

Create a tower out of gumdrops and toothpicks. Use self-control to not eat any gumdrops until after you finish the tower.



Freeze Dance

Put on your favorite song and have a dance party. When the song pauses, freeze in place.

Use self-control to stop yourself from dancing when the music stops.

There are a lot of ways to show self-control. Draw an example of having self-control. Then, draw an example of NOT having self-control.

Self-Control

NOT Self-Control

The Marshmallow Game

Place one large marshmallow on a plate. Set a timer and see how long you can stare at the marshmallow before eating it. Try for 1 minute, 2 minutes, or even 5 minutes!



MEMORY VERSES

James 1:19-20

My dear brothers and sisters, take note of this:
Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

Psalms 103:8

The Lord is compassionate and gracious, slow to anger, abounding in love.

Gotcha Game

supplies: none

Say the memory verse, periodically switching out one of the words for a silly word. See if your parent can catch you and correct you.

Silly Sounds Game

supplies: none

Practice the verse using different silly voices. Try these, then think of your own:
giant, mouse, monster, opera singer, potato.