



**May 18, 2025**

## Monday

Read Psalm 46. How is God our “refuge”?

## Tuesday

The Main Point this week is *God is our sure and solid fortress*. How does this encourage you?

**XTREME SCROLLS**

## Wednesday

The Core Competency this week is *Hope—I cope with the problems of life and death with the help of Jesus*. Why is hope important as believers?

## Thursday

The Memory Verse is *Galatians 6:9—Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up*. What does this verse tell us about God’s character?

## Friday

Take a look at Psalm 46 again. Write what this Psalm tells us about God.