

DISCIPLESHIP CHALLENGE

Four writers tell the good news about Jesus. Mark, the shortest gospel, reveals Jesus as the servant-king who came to suffer and die, but rise triumphantly over the grave. The Gospel of Mark is a call to action—for all people to understand Jesus' identity and surrender to his royal authority over their lives.

Complete this discipleship challenge by **November 15, 2020** to receive **10 tokens**.

There are two ways to return your completed Discipleship Challenge.
Pick the one that works best for your family:

1. Bring the completed Discipleship Challenge to the KidPix store.
2. Have a parent sign this page and email a picture of this page to KidPix@wearecentral.org.

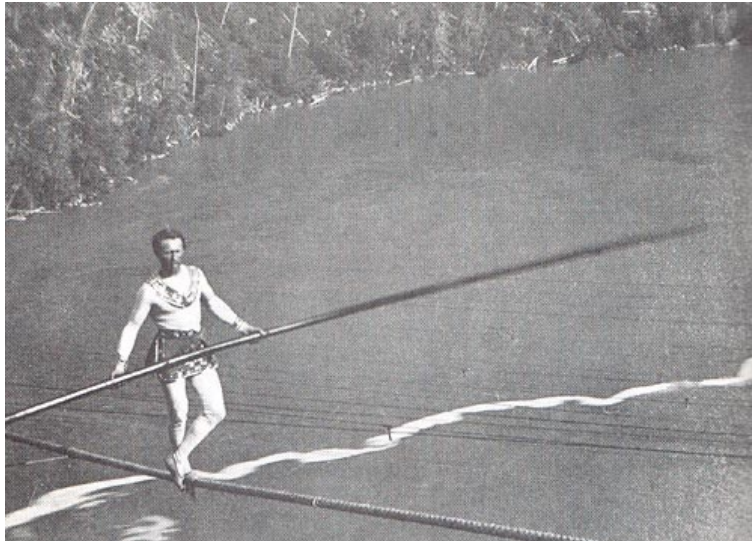
Parent signature: _____

(By signing this page, I certify that my child has completed the Fall 2020 Discipleship Challenge.)

NAME: _____



FAITH > FEAR



Source: <https://www.smithsonianmag.com/history/the-daredevil-of-niagara-falls-110492884/>

Would you be brave enough to walk on a tightrope? What if it was suspended 160 feet in the air over the raging waters of Niagara Falls? Blindfolded? Pushing a wheelbarrow?

That's exactly what Charles Blondin, nicknamed the Daredevil of Niagara Falls, did in 1859. Blondin, a world-famous tightrope walker, was the first person to walk a tightrope stretched across Niagara Falls, 1,100 feet long and 160 feet in the air. He once crossed in a sack, once on stilts, another time on a bicycle, and once he even carried a stove and cooked an omelet!

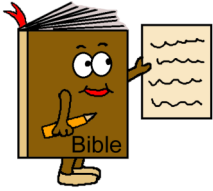
Crowds of people would gather to watch his dangerous feats. Rumor has it that he once asked his audience, "Do you believe I can carry a person across in this wheelbarrow?" The crowd shouted "Yes!" they believed! It was then that Blondin asked the question, "Who will get in the wheelbarrow?" The crowd grew quiet and no one volunteered.

It's one thing for us to say we believe in God. It's true faith though when we believe God and put our faith and trust in His Son, Jesus Christ.



Source: sciencesource.com

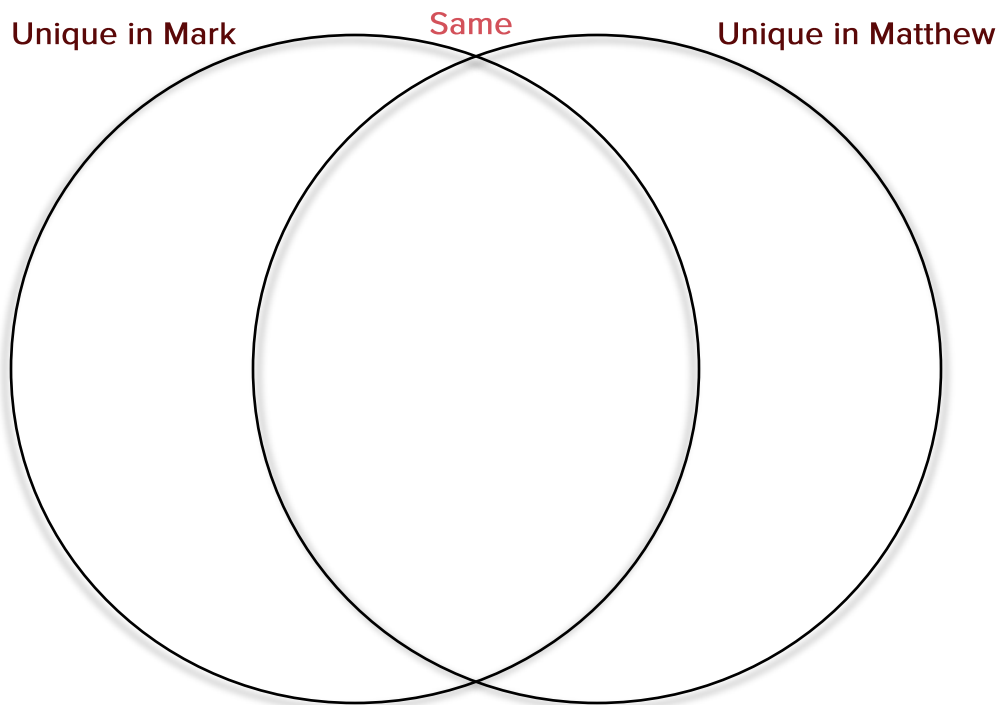
JESUS WALKS ON THE WATER



Read Mark 6:45-52

- How did the disciples react when they saw Jesus?
- What did Jesus say to help with their fear?
- What happened after Jesus got in the boat?

The gospel of Matthew also recounts the miracle of Jesus walking on the water, but has a slightly different perspective. Read Matthew 14:22-33. Use the diagram below to write what things are the same between the two accounts, and what things are unique to each gospel.

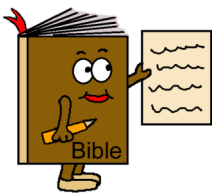


- When Peter was focused on Jesus, he could walk on water. What made him lose his trust and begin to sink?
- When do you find it hard to trust God?
- When have you had courage to do something scary? What did you do?
- If you truly believe that God is bigger than the things that scare you, how will that affect what you do?
- How will it change the way you view scary stuff?

CLEAN AND UNCLEAN

- Do you always wash your hands before you eat?

Clean hands are one of the most important ways to help us stay healthy. Even when our hands look clean, they have germs on them that can make us sick. It is a good idea to use soap or a hand sanitizer to make sure we get rid of those germs you can't see. Washing your hands can keep you safe from germs, but does it make your heart right with God?



Read Mark 7:1-23

- When the Pharisees saw the disciples eating, what were they upset about?
- The Pharisees thought their tradition of ceremonial handwashing made them right with God. Is that true?
- Does soap wash away your sin? What does?

The Pharisees thought that clean hands were more important than a clean heart. They were more concerned with following the traditions of men than they were with following the Word of God. Jesus called the crowd to gather around and listen to what He had to say. All of you listen. It's not what goes into your body that makes you unclean, it is the bad words that come out of your mouth. Out of your hearts come evil thoughts, greed, cheating, and envy. This is what makes you unclean.

Read Luke 6:45

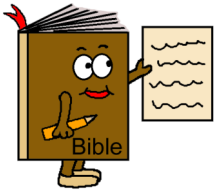
- The words that come out of your mouth are an overflow of what?



Have you ever been “hangry”? You know...**hungry + angry**. There are candy commercials that illustrate “hangry.” They show a person acting grumpy and often rude; the person then eats a candy bar, and begins behaving better. The tag line says, “You are not you when you’re hungry.”

- Does a candy bar go into your heart and make you nice?
- Based on what Jesus says in Mark 7:15 and Luke 6:45, where do the angry feelings really come from when we are hungry?

A PURE HEART



Read Psalm 51:10

- What does the psalmist ask God to do?
- Why do you think it requires God to help us to change our hearts?
- Is there anyone that God cannot help to change?



Clean a dirty “heart” (penny)!



Materials:

- 4 tablespoons of white vinegar
- 1 teaspoons of ionized salt
- small mason jar, clear drinking glass, or a non-metal bowl
- wooden mixing spoon
- dirty, old pennies
- paper towels

Procedure:

- Pour the vinegar into the bowl and add the salt – stir it up.
- Put about 5 pennies into the bowl and count to 10 slowly.
- Take out the pennies and rinse them out in some water.
- Dry with paper towels.
- Admire their shininess!

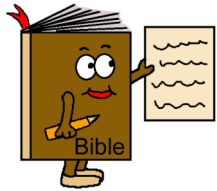
Those old pennies are like us before Jesus changes our lives.
He is able to transform us very quickly back into what he first made us to be.

EARS TO HEAR...



Question: Why can't you do anything or have any secrets if you are in a vegetable garden?

Answer: Because the potatoes have EYES! And the corn has EARS!



Read Mark 7:31-37

- Who did the people bring to Jesus?
- Where did Jesus take the man?
- How did Jesus heal the man?
- What did those who witnessed this healing say about Jesus?

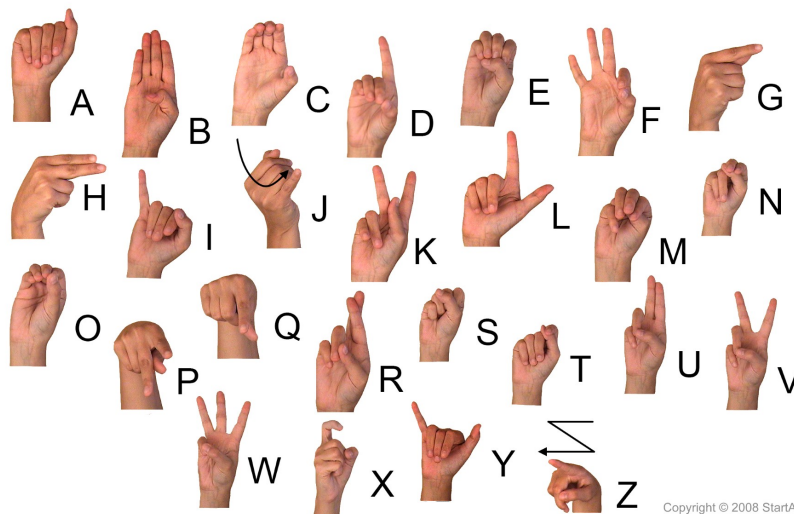
Jesus healed this man of his inability to hear and to speak using His finger and His spit!
He opened the man's ears to hear, and loosened his tongue to speak!



God speaks to us,
if we take time to listen

Your ears allow you to hear music, conversations, and the everyday sounds of the world around you. But that's not all...your ears even help you keep your balance!

- Why do you think God made two ears and one mouth?
- What are two ways we can practice listening to God?
- Why is it important to listen to God?



Practice
spelling
your name
in sign
language.

He does all things well!

"Everything he does is wonderful. He even makes the deaf to hear and gives speech to those who cannot speak."

Mark 7:37b (NLT)

Based on Mark 7:31-37



G I W S Y T E N H P Z N R T E
H M R D Y U S S N K T T A L K
Y A N B G K L P F Q H R T F C
E A L N F D M J I J K E L G T
H P O H Y E J R H T K D A H M
I T P U X A J V K A E O J L G
A C P D T F Y E E N M U T E H
Z L J X Z I I P E O R K X S R
M M A N X C S P F J R J T U V
F V A B E E O J X I Z V R N P
J S U Z C Z H D G B N M K Z L
V E E O K G C F D C X G G Z X
G X S F T O U C H E D A E A X
P R Q U E R G Z M Z U D V R S
Q T R L S V I L O O S E D S H

EARS

OPENED

TOUCHED

LOOSED

SPEAK

SPIT

MAN

MUTE

FINGER

HEAL

JESUS

DEAF

TONGUE

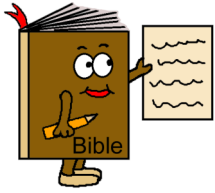
TALK

HAND

...EYES TO SEE

- What is one thing you would miss if you couldn't see?

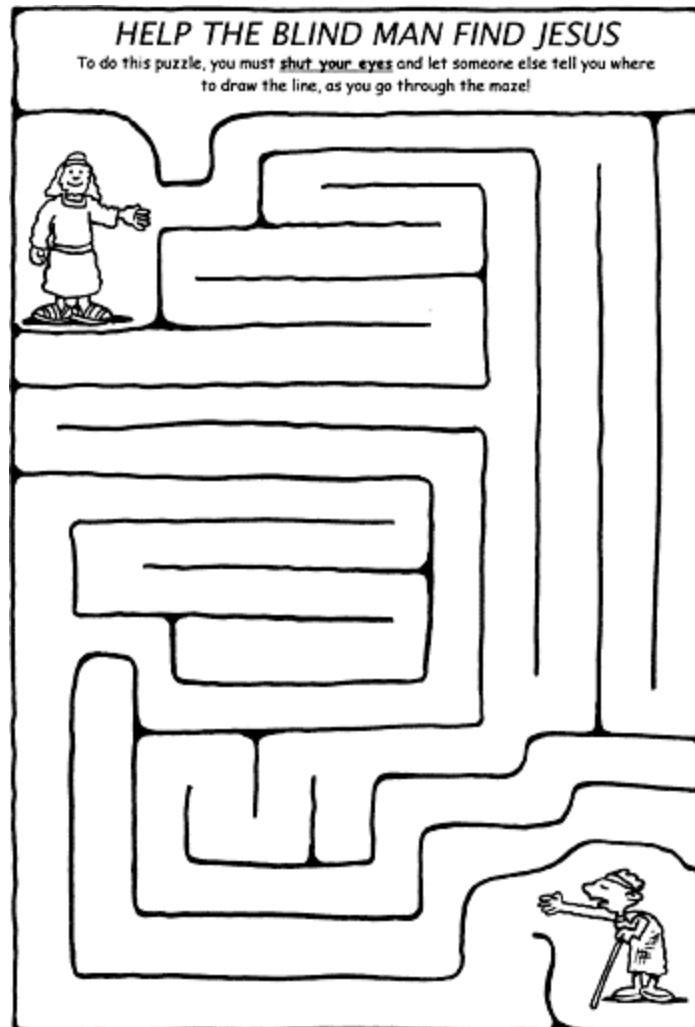
Did you know?...Your eyes can see over 10 million different variations of color and can focus on fifty objects in a second!



Read Mark 8:22-26

- How did the blind man get to Jesus?
- What did the people beg of Jesus?
- How did Jesus heal the man?
- Was the man able to see clearly at first?

The blind man in this passage did not come to Jesus on his own. His friends saw his need and brought him. He may not have had much faith, but they did. They believed that Jesus would heal the man's blindness.



Unscramble the underlined words from 1 Samuel 16:7.

But the Lord said to Samuel, “Do not consider his PECANREPAA or his HIGHTE, for I have rejected him. The LORD does not look at the things people look at. People look at the AUOWTRD appearance, but the LORD looks at the RATEH.”

- When you see people, what’s the first thing you notice?
- What does it mean to see people the way Jesus sees them?
- How do you think we can try to keep our “eyes open” to the needs of those around us?

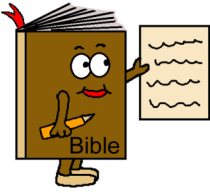


How hard is it to draw without vision? Draw a pair of glasses without opening your eyes or looking at the paper.



Each time you see a pair of glasses,
pray the Holy Spirit will give you His
eyes to see those around you!

PUFFY PRIDE



Read Mark 8:14-21

- What did the disciples forget to take with them in the boat?
- What was the warning Jesus gave them?
- What did the disciples think Jesus was talking about?
- Jesus got a little frustrated with the disciples; they had spent time with Him and had seen Him do amazing miracles, but they still did not completely understand who Jesus was. Do you understand who Jesus is?

Jesus warned the disciples to “watch out for the yeast of the Pharisees and that of Herod.”
Yeast is used in bread to cause it to expand and rise (puff up).
A little yeast in a lump of dough will cause it to become a much larger loaf.



The Pharisees were self-righteous. Self-righteousness is a form of pride that makes us “puff up” about what we do ourselves and takes away from what God has done.

- What are some instances in which pride is considered a ‘good thing’?
- What does pride look like when it has crossed the line into being a ‘bad thing’?

Read Proverbs 11:2 and Proverbs 16:18

Describe the consequences of pride:

BLOW UP A BALLOON WITH YEAST!

YOU WILL NEED:

- A packet of yeast (available in the grocery store)
- A small, clean, clear, plastic soda bottle (16 oz. or smaller)
- 1 teaspoon of sugar
- Some warm water
- A small balloon

WHAT TO DO

1. Fill the bottle up with about one inch of warm water.
(When yeast is cold or dry the micro-organisms are resting.)
2. Add all of the yeast packet and gently swirl the bottle a few seconds.
(As the yeast dissolves, it becomes active - it comes to life! Don't bother looking for movement, yeast is a microscopic fungus organism.)
3. Add the sugar and swirl it around some more.
Like people, yeast needs energy (food) to be active, so we will give it sugar. Now the yeast is "eating!"
4. Blow up the balloon a few times to stretch it out then place the neck of the balloon over the neck of the bottle.
5. Let the bottle sit in a warm place for about 20 minutes.

If all goes well the balloon will begin to inflate!

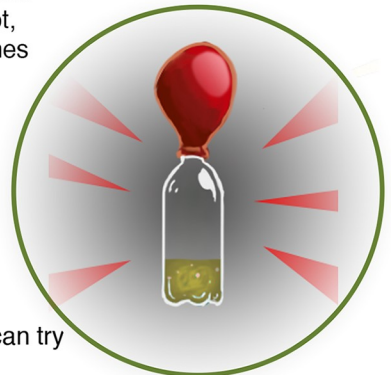
HOW DOES IT WORK?

As the yeast eats the sugar, it releases a gas called carbon dioxide. The gas fills the bottle and then fills the balloon as more gas is created. We all know that there are "holes" in bread, but how are they made? The answer sounds a little like the plot of a horror movie. Most breads are made using YEAST. Believe it or not, yeast is actually living micro-organisms! When bread is made, the yeast becomes spread out in flour. Each bit of yeast makes tiny gas bubbles and that puts millions of bubbles (holes) in our bread before it gets baked. Naturalist's note - The yeast used in this experiment are the related species and strains of *Saccharomyces cerevisiae*. (I'm sure you were wondering about that.) Anyway, when the bread gets baked in the oven, the yeast dies and leaves all those bubbles (holes) in the bread. Yum.

MAKE IT AN EXPERIMENT:

The project above is a DEMONSTRATION. To make it a true experiment, you can try to answer these questions:

1. Does room temperature affect how much gas is created by the yeast?
2. Does the size of the container affect how much gas is created?
3. What water/room temperature helps the yeast create the most gas?
4. What "yeast food" helps the yeast create the most gas? (try sugar, syrup, honey, etc.)



SERIES MEMORY VERSES

HEBREWS 12:2

Let us fix our eyes on Jesus, the author and perfecter of our faith...

PSALM 119:11

I have hidden Your word in my heart that I might not sin against You.

PSALM 147:5

Great is our Lord and mighty in power; His understanding has no limit.

1 PETER 5:7

Cast all your anxiety on Him because He cares for you.

PSALM 77:11

I will remember the deeds of the Lord; yes, I will remember your miracles
of long ago.

JEREMIAH 30:17

“But I will restore you to health and heal your wounds,” declares the Lord...